

References and Resources

Adult Children of Alcoholics (Peer support based on the 12-Step model; “Big Book” is red)
good program for working on family of origin issues such as wounds, boundaries, etc.

Alcoholics Anonymous (Peer support based on the 12-Step model; “Big Book” is blue)

Al-Anon (Peer support for loved ones of people with alcoholism)

American Foundation for Suicide Prevention: April 15th “Hike for Hope” in Sugar Land

Archdiocese of Milwaukee: “Catechesis and Policy on Questions Concerning Gender Theory”
(2022 document)

Archdiocese of Portland (OR): “A Catholic Response to Gender Identity Theory: Catechesis and
Pastoral Guidelines (2023 document)

Association of Catholic Mental Health Ministers:

Deacon Ed Shoener (Diocese of Scranton, PA), Founder and President

Promotes mental health ministries in parishes nationwide

Story about his daughter Katie in The Washington Post “She Loved Life: A Grieving Father...”

Bishop John P. Dolan of the Diocese of Phoenix; Deacon Ed Shoener, and others

‘When a Loved One Dies by Suicide: Comfort, Hope, and Healing for Grieving Families’

(2020 book)

David G. Benner, Ph.D. “I am the Love that Flows Through Me: Aligning Your Identity and the Truth of
Your Self” (2022 book)

Catholic Medical Association (CMA): national group with local chapters; “Linacre Quarterly”
professional journal

CatholicPsychotherapyAssociation.org/Members (CPA):

Online national directory of Catholic mental health professionals

CatholicTherapists.com (online national directory of Catholic counselors)

Crisis Hotline (national) call or text 988

Diocese of Arlington (VA): “A Catechesis on the Human Person and Gender Ideology” (2021
document)

Fr. Emmerich Vogt, OP: “Freedom to Love: Recovery and the Seven Deadly Sins” (2012 book)

Fr. Francis Frankovich, CC: “Forgiving from the Heart” (2015 book)

Fr. Tadeusz Pacholczyk (fathertad.com): “Making Sense of Bioethics: Transgender”

Gratia Plena (nonprofit offering counseling by Catholic therapists) (832) 532-0129

Harris Center (Harris County) www.theharriscenter.org
Crisis Services (866) 970-7000 Non-Crisis Services (713) 970-7000

Marijuana Anonymous (Peer support based on the 12-Step model; big book is “Life with Hope”)

Joe McClane “Muscle Memory” (2014 book on freedom from porn addiction by Catholic speaker)

National Alliance on Mental Illness (NAMI):
Provides support/education for parents/families of those with mental illness

National Action Alliance for Suicide Prevention “Suicide Prevention Competencies for Faith Leaders”

National Catholic Partnership on Disability (NCPD):
Assists parishes to promote participation of those with disabilities in the life of the Church

National Catholic Bioethics Center (NCBC):
See topic “Gender Identity & Being Transgender”

NeuroPsychiatric Center (next door to Ben Taub Hospital) emergency MH hospitalization

Paradisus Dei:
“That Man is You” (formation program for husbands/fathers)
“Choice Wine” (formation program for couples)
“Missionaries to the Family” (formation program for families)

San Jose Clinic (free medical clinic) Midtown and Rosenberg locations (713) 228-9411

St. Michael Center for Spiritual Renewal (catholicexorcism.org)
Msgr. Steven J. Rossetti; Msgr. Charles E. Pope; Fr. Luke Clark, O.P.

Sexaholics Anonymous (Peer support based on the 12-Step model; “Big Book” is white)

Texana Center (Fort Bend, Austin, Colorado, Matagorda, Waller, Wharton counties)
www.texanacenter.com Crisis Services (800) 633-5686 Non-Crisis (281) 239-1300

Tri-County Behavioral Healthcare (Montgomery, Liberty, Walker counties) www.tcbhc.org
Crisis Services (800) 659-6994 Non-Crisis Services (800) 550-8408

USCCB:
“Create in Me a Clean Heart” (2015 formal statement and pastoral response on pornography)
“Gender Theory / Gender Ideology – Select Teaching Resources” (2019 document)